



FREE webinars for parents and carers, who have children with sleep difficulties, and live in the North Yorkshire area

Book a place on one, or more, of our 60 minute webinars by the clicking the links below.

5th July | 1.30pm

Supporting teens with their sleep

<https://www.eventbrite.co.uk/e/159995257121>

3rd September | 11.30am

Sleep information for parents/carers of children with SEND

<https://www.eventbrite.co.uk/e/159996890005>

3rd September | 10.00am

Supporting children in Early Years with sleep

<https://www.eventbrite.co.uk/e/159995889011>

3rd September | 1.30pm

Supporting children in the primary school years

<https://www.eventbrite.co.uk/e/159997553991>

To find out more please contact us on info@thesleepcharity.org.uk



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