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Headteacher: Mrs Julie Lyon

Monday 11<sup>th</sup> September 2023

Dear Parent/Carer,

### NSPCC's *Speak out. Stay safe.* programme

I am pleased to inform you that we are participating in the **NSPCC's *Speak out. Stay safe.* Programme** this term. *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of age-appropriate virtual assemblies and supporting classroom-based activities which we have reviewed, alongside NSPCC volunteer led face to face workshops for children aged 9-11. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the *Speak out. Stay safe.* programme visit [www.nspcc.org.uk/speakout](http://www.nspcc.org.uk/speakout).

### Feedback survey for pupils aged 7-11

The NSPCC would like to gather feedback from pupils aged between 7-11 about the *Speak out. Stay safe.* programme to gauge their learning. **This will be voluntary and children can still take part in the programme if they don't take part in the survey.**

- All survey questions are multiple choice and focussed on the programme.
- The survey is anonymous and confidential. However, if in the process of completing the survey, a teacher becomes concerned for a pupil's welfare (e.g., through something a pupil says) we will follow our school's safeguarding procedures.
- If you **do not** want your child to take part in the **survey**, sign the slip below and return it to your child's class teacher.
- If you have agreed that your child can take part in the survey but your child changes their mind on the day, that is also okay.

### Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.



### Parent/Carer support

Take a look at information, support, advice and activities from NSPCC for parent and carers.

[www.nspcc.org.uk/parents](http://www.nspcc.org.uk/parents)

### Activities to extend learning at home

Take part in games and activities at home to help children learn about speaking out and staying safe.

[www.nspcc.org.uk/activities](http://www.nspcc.org.uk/activities)

### Online Safety Hub

For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.

[www.nspcc.org.uk/onslinesafety](http://www.nspcc.org.uk/onslinesafety)

### Childline – under 12's

Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.

[www.childline.org.uk/buddy](http://www.childline.org.uk/buddy) (5-7)

[www.childline.org.uk/kids](http://www.childline.org.uk/kids) (7-11)

### Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at

[www.nspcc.org.uk/pants](http://www.nspcc.org.uk/pants).

I hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful. Please do contact me if you have any further questions.

Yours sincerely,  
Mrs J Lyon

Parent/carer **SURVEY** withdrawal form for children aged 7-11 only

I do not consent to (Name of pupil) \_\_\_\_\_ participating in the completion of the NSPCC Pupil Survey following the delivery of the *Speak out. Stay safe.* Programme.

Signed (Parent/Carer) : \_\_\_\_\_ Date: \_\_\_\_\_

