



SPORTING INFLUENCE

Improving Social Skills Through Sport

PE With Mr Vitali

This term has been another success in PE at Dishforth Airfield, and the children continue to make super progress in a range of topics.

Year 1 and 2 began the term developing their gymnastics skills by exploring ways to travel between mats and on different apparatus. The children have been trying all sorts of basic gymnastic shapes, mastering jumps and rolls along the way to create some fantastic routines.

After the half term break the class began working on their multi skills, developing a range of fundamental skills such as basic movement, evasion and catching and throwing skills. Their endless enthusiasm is a joy on a Tuesday afternoon!

Year 5 and 6 began the term refining their gymnastic skills and pushing their limits to new heights. From mastering the art of travelling between mats and apparatus to advancing into more complex rolls, the children have shown great enthusiasm. The class also explored jumping off gym tables, used benches for added challenges, and explored runways and flights. We also witnessed some amazing partner and group balances which the children showcased in their routines.

The class then swapped the indoors for the outdoors to develop their football skills. They took part in a variety of fun team games, where they developed their passing, dribbling and shooting as well as their communication skills while showing excellent teamwork. I have been really impressed with their determination and progress, well done Year 5 and 6's!

Have a great Easter break and we look forward to seeing you in the new term!



Year 1 and 2's have really enjoyed working on their gymnastic skills.



The Year 5 and 6's have showed great determination during PE this term!



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