



Physical Education: Long Term Plan

Year A			
Autumn			
EYFS	Year 1 and 2	Year 3 and 4	Year 5 and 6
Moving safely in a space and finding a space Balancing Moving in different ways	Team Games Gymnastics Dance	Football Netball Dance	Swimming Football
Spring			
EYFS	Year 1 and 2	Year 3 and 4	Year 5 and 6
Gymnastics Dance	Basic movements Team games	Swimming Netball	Hockey Gymnastics
Summer			
EYFS	Year 1 and 2	Year 3 and 4	Year 5 and 6
Athletics Games	Athletics Games	Athletics Dance	Athletics Dance



Physical Education: Long Term Plan

Year B

Autumn

EYFS	Year 1 and 2	Year 3 and 4	Year 5 and 6
Moving safely in a space and finding a space Balancing Moving in different ways	Team Games Gymnastics Dance	Football Dance	Swimming Netball

Spring

EYFS	Year 1 and 2	Year 3 and 4	Year 5 and 6
Gymnastics Dance	Basic movements Team games	Swimming Netball	Gymnastics Tag Rugby

Summer

EYFS	Year 1 and 2	Year 3 and 4	Year 5 and 6
Athletics Games	Athletics Games	Athletics Tennis	Dance Tennis